

NCC

Covenant Connection

21-Days of Prayer and Fasting



WEEKLY NEWSLETTER | NEW COVENANT CHURCH | THOMASVILLE , GA | JANUARY 8, 2020

Join us as we pray and fast!

January 5 through 25

2020

What are you praying about?

*Let us know. Commitment Forms
are available in the lobby.*

**Mrs. V.R. Meeks-Giles
1-10**



Get Connected! Sundays

7:45am Worship Practice

9:00am Sunday School

- Intercessory Prayer—Latasha McCoy
- Living in the Kingdom—Mike Folsom
- Youth Sunday School—Pastor Alli

Covenant Café 8:30-10:15am

Pre-Service Prayer—10:15am

10:30am Main Event Service

*Children's Church and Nursery are
provided after worship
(Communion is served monthly)*

Mondays

6:30pm Fire By
Night Prayer

*No Ladies Bible Study until February
No Life Groups until February*

Sunday January 26, 2020

10:30am

WATER baptism

If you wish to be water baptized or have your child dedicated to the Lord, please call the church office by Wednesday, January 22nd.



BREAK THE FAST

Sunday Evening January 26th

Starts at 6:00

Share your Testimony!

Celebration!

Praise and Worship!

Quote Of The Week

“To be a Christian without prayer is no more possible than to be alive without breathing.”

- Author Unknown

Pastor Dave's Pen:

Open my eyes Lord that I may have 2020 Vision!

We are praying! Monday, we had a great turn out for our first Fire by Night Prayer time. We believe that our future is pregnant with opportunities and possibilities. I hope that you will commit to pray no matter where you are on Monday nights from 6:30 to 7:30pm.

There are many promises in God's Word to encourage us to pray, such as: "He shall call upon me and I will answer him: I will be with him in trouble; I will deliver him, and honor him" (Psalm 91:15); "And it shall come to pass that before they call, I will answer; and while they are yet speaking, I will hear" (Isaiah 65:24); "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you" (Matthew 7:7). The Scriptures tell us that we are to pray for one another and also assure us that God hears and answers prayer.

What are you believing God for? Tell us. Let us know by completing a commitment form so we can

join you and agree with you in prayer. No doubt, you have experienced many answered prayers.

There are so many benefits that affect us physically, emotionally, mentally, and spiritually (when coupled with prayer). In my research regarding this, I discovered the following regarding our heart. Heart health is so important for us. All of the things you eat on a daily basis puts a lot of strain on your heart, especially if your diet is very high in fats and salts, and not so high in vegetables. Eventually, especially when combined with a stressful and fast-paced life and career, this will start taking a huge toll on the heart – and it's exactly what puts most people at risk of having a heart attack. So check this out... Fasting forces our body to slow down, and gives our body a chance to get rid of all of

the toxins it has accumulated in

order to reset our bodies. **Fasting also gives our colon a chance to go back to basics:** When we fast, we manage to clear the toxins out of our body – and the waste out of our colon. Our stomachs are also home to plenty of healthy bacteria – stomach flora – and there are plenty of things that can affect our stomach flora negatively, which is largely related to the foods we eat – but can also happen after we have taken a course of antibiotics. Fasting allows our stomach to reset itself just as much as our body, and it gives our stomach the time that it needs to recover.

When we combine fasting with prayer we are adding a spiritual component that has been credited by the Prophet Isaiah who said ... **Isaiah 58:6 (NKJV)** "*Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?*

Perhaps you need some freedom! Breakthrough from the bonds of wickedness and the lifting of burdens is coming your way as you pray and fast! May we see what God sees with 2020 vision this year!



A promotional graphic for a prayer event. It features a man in a red t-shirt and brown pants standing with his arms raised in worship against a cloudy sky. The text "Worship" is written above his head, and "Prayer & Fasting" is written on his back. The main title "Fire By Night Prayer" is written in large, stylized, brown letters across the center. Below it, "6:30pm Mondays" is written in a smaller, brown font. In the bottom right corner, there is a small graphic with the words "Breakthrough" and "2020 Vision". At the very bottom, in red text, it says "(Throughout the Month of January)".



SERVE

This Sunday...

Hospitality

Annie Brooks

Greeter

Mabel Moore

Altar Ministry

Mike & Judy Folsom

Jim & April Walton

Usher

Two Copeland

Text your prayer requests

To:

229-977-0694

"For I will restore health

*to you and I will heal
your wounds."*

-Says the Lord.

-Jeremiah 30:17 AMP



Let's pray!

Joann Daniels

Patricia Wright

Irene Cason

Alex Sparks

Shirley Chong

Daniel Gaines

Keith Simmons

Chris Scudder

V.R. Meeks-Giles

Pastor Dave's Grand

David and Elke

dad—Harold

Willie Brooks

Jacqui Winkelman's son

Pastor Dave Sr.

Larry Jr.

7 Mountain Prayer Ministry

January:

Mountain of Family