

2020 Vision

Our Year Of
***Freedom, Fulfillment
& Favor!***

Ladies Monday Night

Bible Study at 7:00pm in Room 8

Is cancelled next Monday due to school being out for the holiday.



Folsom Homegroup

Connect | Share | Grow

Wednesdays at 6:30pm
Moultrie, Ga

Our Purpose: Love, Mend, Train, Send

The Beacon



WEEKLY BEACON NEWSLETTER | NEW COVENANT CHURCH
THOMASVILLE, GA | FEBRUARY 11, 2020

Join us and get connected!

Sundays

Covenant Café 8:30-10:15am

9:00am Sunday School

Living in the Kingdom—Mike Folsom

Pre-Service Prayer—10:15am

10:30am Main Event Worship Service

***Children's Church and Nursery are
provided after worship***

Mondays

7:00pm Ladies Bible Study

Wednesdays

6:00pm Fire by Night prayer

7:00pm One Youth Group—Pastor Alli

7:00pm Bible study by Pastor Dave

6:30pm Folsom Home Group—Moultrie

Thursdays

Silver Saints Luncheon Last

Thursday Monthly

*(This is a covered
dish event)*

Joshua 1:9
"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."



Wednesday Night

Bible Study

With Pastor Dave

7pm—8:15pm

Located in the sanctuary

FIRE BY NIGHT PRAYER

In the Sanctuary

Wednesday Evenings at 6:00pm

happy
birthday!

Holly Brown 2-13

Dayvid Copeland 2-14

Ronald Fann 2-15

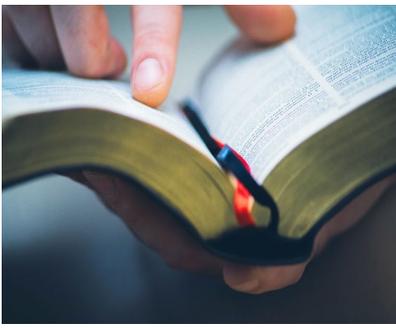
Prayer Luncheon

Following this Sunday's Service in the Oasis. This includes everyone who serves in a Prayer Ministry at NCC. Please come and join us!

Please R.S.V.P. to Alli 229-977-0699

Did you know?!

Candy and flowers might be the most common gifts for Valentine's Day, but according to the National Retail Federation, the category that we spend the most on for February 14 is jewelry, at a whopping \$4.7 billion! The second most-paid-for gift is an evening out with \$3.7 billion, followed by flowers, clothing, and then candy.



From Sunday's Message: How to overcome depression (Summary)



One thing is for sure... the enemy is no respecter of persons. It doesn't matter who we are, if we are following Jesus and yielding to His will, then the attacks are going to come. Sometimes the enemy will weaponized our feelings and emotions in an effort to steal our joy and peace and fill us with anxiety, fear and depression. Prolonged depression can lead to feelings of despair and hopelessness.

The Apostle Paul says to the Church in Philippi ...

¹² Let this hope burst forth within you, releasing a continual joy. Don't give up in a time of trouble, but commune with God at all times.—Romans 12:12 (TPT)

What should our response be when faced with a battle of depression? There are some really great things that we can do. Check out the following recommendations and see for yourself how effective they can be for you or someone you know. 1) How's your spiritual diet? Are you reading your Bible? Are you spending time in the presence of God daily? 2) What are you eating physically? If you're taking in a steady diet of sugar drinks and foods then you are doing yourself a disservice. Sugar is an enemy to physical and mental health. Sugar can create joint pain, feed cancer, and cause debilitating illnesses including diabetes. The decisions we make really do affect our spiritual and mental health. We must

commune with God at all times. When we make Him the priority amazing things happen. Things like hearing God's voice, having his freedom, and favor rest on us. Whether we are exercising our spiritual muscles or our physical ones, exercise is so good for ourselves. Getting in shape or staying in shape allows us to be able to make a stronger stand when we face the battle of depression.

There are those instances when depression can be brought on due to a depletion of dopamine which is a natural chemical produced by our brain. Prescription medications can actually be an effective means of raising dopamine levels which can help with depleting depression. Getting plenty of rest is also vital. Depression can rob people of quality sleep. This is another way the enemy weaponizes depression.

When we learn that someone is battling depression we must be loving and careful how we come across. Let's be mindful that our words

and attitude matter. One of the biggest mistakes that Christians make is to assume that there must be hidden sin resulting in the depression. King David battled

Bible Verses:

- 1 Corinthians 13
- Psalm 42:5, 6
- Psalm 43:5
- 1 Kings 19:4
- Jonah 4:3
- Romans 12:12
- Ephesians 6:10-18
- Romans 8:26-30

with depression. Check out my selection of Bible verses from the Psalms. In addition, Elijah in 1 Kings 19 battled hopelessness after engaging in one of the great displays of faith in God and His power a showdown that put Jezebel and Ahab to shame. Of course, Elijah reaches one of the lowest points in his life in wishing that the Lord would just take his life. Fear of retribution from Jezebel put him on the run. Hiding in a cave filled with despair we see Elijah in a tremendous battle within his soul. In Romans 8:26 Apostle Paul encourages us with these words... "...the Holy Spirit takes hold of us in our human frailty to empower us in our weakness." May His empowerment (grace) strengthen us daily so that we will live according to His great plan able to stand against the enemy victoriously in Christ.

February Sermon Series:

Love Never
Fails

This Sunday: "Love Your Enemies"

7 Mountain Prayer Ministry

February: Education

Let's pray for Thomas County schools, students, educators, and parents, that God will have His way in our school systems. Pray for protection on all of our campuses, for biblical values to be instilled and drop out rates to be eradicated.

Pastor Appreciation Day March 1, 2020

If you would like to make a donation, you may do so between now and March 1st. If you have any questions, please see one of the elders or Mary Lynn.

This Sunday...

Hospitality

Gwen Gaines

Greeter

Daniel Gaines

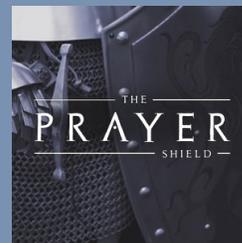
Altar Ministry

Vince & Deidra Curtis

Latasha McCoy

Usher

Daniel Gaines



Text your prayer requests to: 229-977-0694

Let's pray!

Quote of the Week:

**“Don't live where you are comfortable ,
live where you are called!”
-Apostle Tom Hamon**

Joann Daniels

Patricia Wright

Irene Cason

Daniel & Gwen Gaines

Sharon Archey

Willie Brooks

Keith Simmons

David & Elke

Mrs. Giles

Larry Winkelman Jr.

Cassidy Trebony

Mez Williams