### Let's Get Connected!

#### Sunday Mornings

Covenant Café 8:30am (Coffee and grits)

Sunday School—8:45a.m.-9:45a.m. Mike Folsom In Room 8 Pre-Service Prayer—9:45a.m.

Main Event Worship Service 10:00a.m.

#### Mondays at 7:00pm

Women's Bible Study with Pastor Alli in Room 8

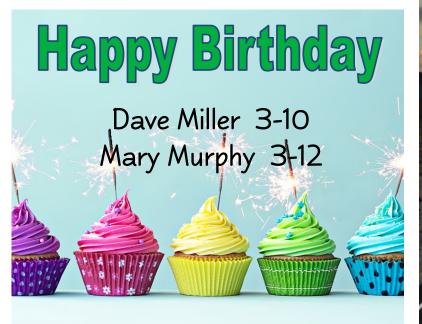
#### Wednesdays at 6:30pm

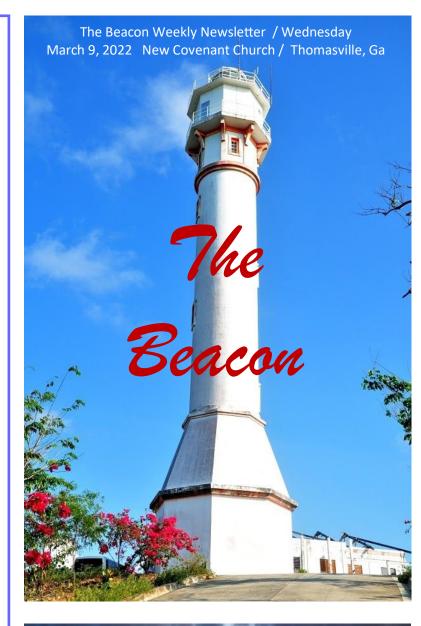
**Total Forgiveness** with Pastor Dave In Room 8

Youth Group with Pastor Alli

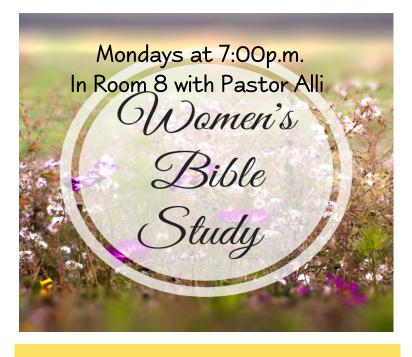
Children's Ministry

Folsom Home Group - Moultrie (Dinner and Bible Study included)



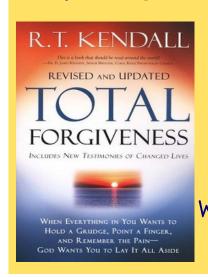








# Spring Life Group



Wednesdays
In Room 8
at
6:30pm
With Pastor Dave

Youth Group Tonight

At 6:30p.m.



This Sunday





# From the Desk of Pastor Dave Let Not Your Heart Be Troubled



When you're facing a crisis, remember what Jesus said to His disciples the night before His crucifixion: "Let not vour heart be troubled" (John 14:1). These words from Jesus were important because his disciples were about to face the biggest trial of their lifetime. Chaos, desperation, fear and probably many confusion, more emotions were running through them while they were in the garden of Gethsemane until Jesus was resurrected.

We live in a fallen world and we're seeing many and different tribulations coming. You cannot avoid rising gas prices, empty shelves at the grocery store, the uncertainty of a war on foreign soil, or another terror attack here, closer to home.

If you're prepared, you can keep your emotions from going crazy. I don't care if you've been divorced, suffered financial disaster, or are facing cancer, God can turn your problem around if you will believe Him and not panic. There is an important difference between worry and constructive concern. We should be constructively concerned to maintain our physical health, for example, but not worry about it. Notice the difference between worry and being concerned... Worry paralyzes, while concern motivates.

It is God
who arms me with
strongth and makes
my way
porfect
PSALM 18:32

BE STRONG!

Worry results in anxious fretting, while concern results in calm focusing. Worry fears the worst, while concern hopes for the best.

Not all that happens to us is good of course, but how many of you know that God can bring good out of difficulties, trials, and challenges? Learning to trust God is a process, and we grow in our ability to do so as we mature spiritually. We'll never trust God perfectly in this life (James 3:2), but growth in this area is part of our sanctification. This is why we need the Helper. We need Holy Spirit. As the world we live in unravels and becomes undone in numerous ways, we must remember that God's Kingdom is not shaken by the events going on around us. He keeps watch over us because of his great love for us, and nothing "in all creation . . . will be able to separate us from the love of God that is in Christ Jesus our Lord" (Romans 8:39). Through Holy Spirit, you can control your emotions, and you can control your feelings. You can also control whether or not you are encouraged or discouraged. Jesus would not have said to "let not your heart be troubled" if it were not possible. When worry threatens to destabilize us, passages that remind us of the truths we've been discussing can guard our hearts and minds and replace anxiety with God's tranquility. Every trial and problem we're facing can be overcome. Because of who He is and what He has promised us, we must stand on His Word so that our hearts will not be troubled.

## **Online Giving**

To make your financial contribution,

