## Let's Get Connected!

#### Sunday Mornings

Covenant Café 8:30am (Coffee & grits)

Sunday School – Morning Mana with the Curtis'—8:45a.m.-9:45a.m.

Pre-Service Prayer—9:45a.m.

Main Event Worship Service 10:00a.m.

#### <u>Wednesdays</u>

6:00p,m Prayer in the Sanctuary
"Stewardship" Life Group– Pastor Dave—
6:30pm

Youth Group with Pastor Alli—6:30pm

Nursery and Children's Ministry -6:30pm



# Wednesday Night Prayer

At 6:00p.m.

Join us in the Sanctuary.



Come and join us tonight as we pray for our church and community!

Join Us!
"Morning Manna" with
the Curtis'

Sundays at 8:45a.m. in Room 8



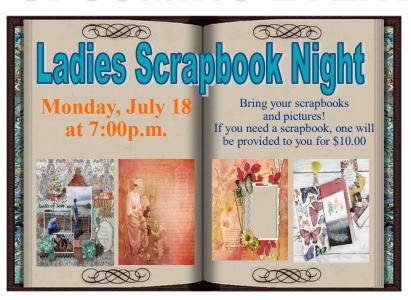
# Wednesday Night Services

6:30pm

"Stewardship" Life Group with Pastor Dave in Room 8 Youth Group with Pastor Alli Nursery & Children's Ministry is provided!



# UPCOMING EVENTS-SAVE THE DATE





### Church Covered Dish!



Sunday July 24
After Sunday Worship Service

Please bring a covered dish or two. Sign up sheets are in the lobby. Monday, July 25



# From the Desk of Pastor Dave

Proverbs 17:22

"A merry heart does good, like medicine, but a broken spirit dries the bones."



Studies have been done regarding the effects of joy. Researchers have discovered that regular laughter actually boosts the immune system. It reduces blood pressure. In fact, tension leaves and creativity comes. If you'll life a lifestyle of joy, by laughing at least once a day, you'll actually sleep better. There are other benefits of joy ... You're going to be more productive and get more done. You'll have more energy. You're going to make better decisions.

I believe that if you're dealing with chronic pain, chronic fatigue, you'll begin to see symptoms go away if you will begin to see the value of laughter being good medicine. Joy is a stress reducer and prolonged stress can wreak havoc on our health. God wants us to be positive, joyful, and enthusiastic. There is nothing negative about Him, and if we want to walk with Him and have His plans manifest Him in our lives, it is essential that we choose not to be negative as well. A positive attitude filled with hope fuels joy and enthusiasm. Your attitude is entirely yours. Nobody can make you have a good or bad one; it is entirely your choice. So choose joy!

Making a decision to be a joyful person is the first step. How many times does God's Word speak of joy? Where can we find the strength to overcome? Many of God's people around the country have known hardships and sorrows seemingly beyond measure. Grief is an enemy of joy. Grief and sorrow can steal our joy if we're

Prayer Shield

David & Elke Irene Cason Pat Poore Pastor Dave Allen Sr Anne Garrett Cameron Queen

Page Shield

Robin Willis Betty Hill Daniel & Gwen Willie Brooks Owen Odom

7 Mountain leaders

not careful. When a loss touches our life, we must watch our focus. God's Word speaks of joy and of being joyful. I'll ask the question again, how many times does the Bible mention the word joy? 192 times! The Bible shows us His love time and time again. Where do we go to find our strength to overcome? How can we be joyful when were walking through problems? Let's remember that it's in trials that we must look to the Lord in order to find real joy, real love, and great strength in Him. Remember - all we need can be found in God. Nehemiah 8:10 NKJV <sup>10</sup> Then he said to them, "Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the Lord is your strength."

Joy is a powerful weapon! The enemy fears the joy of the Lord because if we are joyful in ALL circumstances, what can anyone do to us that we will take notice of? What can take away our peace? There is no fear when the joy of the Lord is our strength! There is no doubt of the Lord's love and goodness when we are joyful, for we know that the Lord will keep His Word. The Lord is faithful and His faithfulness is a sign of His love. He is not a man that He should lie, so when He tells us hundreds of times to 'shout for joy,' to 'rejoice,' to 'be glad,' to 'love,' to 'be joyful,' then He means it! He knows that it is for our good.

The Prophet Jeremiah says... Jeremiah 15:16 <sup>16</sup> "Your words were found, and I ate them, And Your word was to me the joy and rejoicing of my heart; For I am called by Your name, O Lord God of hosts." Let us provoke the world to jealousy so that they may be saved. Through joy and love beyond earthly reason we will provoke them! As the world sees our joy through adversity they will be driven to a godly jealousy. As God's Word is fulfilled, we will show the Lord's love! As when Holy Spirit set upon those in the upper room, it is time for us to be newly aflame for God—for this is a new day, it is the third-day, and the anointing of the Lord must be greatly upon us to do all we can to advance His Kingdom begore the return of Jesus Christ. Psalm 5:11 **NKJV** 11" But let all those rejoice who put their trust in You; let them ever shout for joy, because You defend them; let those also who love Your name be joyful in You." May you have a joyful week in the Lord!